

Trail News

Presented by Trisha Taniguchi, Region 1 Trail Advocate



Safety riders follow behind the pack at the 2019 Eel River Ride. Photo by Donna Stidolph.

2020 Vision

As we ring in the new year, I am as anxious as ever for rides to start back up! And I am sure I am not the only one. With a break in the weather, I was able to saddle up and hit the trails this week which was a much needed change of pace! I have been told the key to preparing for these rides is miles of long, slow, distance.

But what about preparing for other aspects outside of physical fitness? Rainy winter days are still valuable in preparing for the ride season. My trailer

was in need of some TLC and I have inventoried my tack, first aid kit, etc. Now I am working to square away my ride schedule for the year. What are you doing to achieve your 2020 NATRC vision?

Looking for some ideas or inspiration? Take some time to explore our website-read stories, browse the photos, reach out to other members to learn more about NATRC and your fellow riders. Cheers to the new year and another great season to come!

Trail Closures & More

Before you hit the trails this winter, be sure to check your local park's website for trail closures. Wunderlich Park, in Woodside, CA, has issued a closure to equestrians on the east side of the park due to safety concerns. Some trails may be closed seasonally or longer. Others may be opened under a new name. For instance, Stewart Horse Camp at Point Reyes was re-opened this summer as The Horse Camp. Five Brooks Stable can be reached for more information or reservations (415-663-0415). Happy trails!

Back in Action

After a hiatus from writing, Trail News is back! Thank you for your patience as I moved half a dozen times for job training, fire deployments, etc. This "adulting" thing is quite the adventure!

Please send me any information on trail closures, events, etc. that may interest some of our riders and I'll be sure to add it to future issues.

-Your Trail Advocate,

Trisha Taniguchi

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Upcoming Events:

- February 14-15, 2020
[National Convention](#)
San Antonio, TX
- March 14, 2020
Region 1 Mini Convention
Granite Bay, CA
- May 2, 2020
Mt Diablo Ride
Clayton, CA
- May 16-17, 2020
Cowboy Camp Ride
Williams, CA
- June 13-14, 2020
Eel River Ride
Potter Valley, CA
- July 24-25, 2020
New Alaska Ride
Palmer, AK
- August 22-23, 2020
Jackson Forest Ride
Fort Bragg, CA



Michelle Pimentel and Kat Man D at the 2019 Round Valley Ride. Photo by Kimberly Naugle.