

## Save the Date

**NATRC Region 1 Convention  
And Awards Luncheon  
Saturday March 3, 2018**



The 2018 Region 1 Convention will be held once again at the Sonoma County Driving and Riding Club in Santa Rosa, CA, on Saturday, March 3, 2018. Photographs from the 2017 R1 convention, held at the same venue, can be viewed on the R1 website ([www.natrcregion1.org](http://www.natrcregion1.org)). This venue was well received last year and we look forward to more good times, good food and a chance to catch up with friends and fellow riders before the competitive ride season begins. Please plan to join us.

Davern Kroncke has agreed to be the convention manager again in 2018. Please contact Davern ([horsies4dk@gmail.com](mailto:horsies4dk@gmail.com)) if you know of vendors who might wish to participate or if you have any ideas that she can use for the convention. Last year Stephanie Swain shared a warning about stinging nettles at Point Reyes and the dangerous allergic reactions a horse can have. If there are other trail stories or useful rider information, please contact Davern so we can share it at convention.

Conventions are a lot of work and help is always needed, whether it be physical work or ideas. Contact Davern if you can help out. One important way to help is soliciting raffle and silent auction items, both for the convention and the 2018 benefit ride. Every item helps raise funds for Region1. Please keep this in mind over the winter and holidays and set aside any items you are willing to donate. January is a good time of year to solicit donations as businesses are usually more willing to part with left over items from the holidays and clear out room for incoming summer items.

**Region 1 is now officially a 501(c)(3) non-profit organization and can provide a tax deductible donation receipt!** Donation receipts are available from the R1 Treasurer, Linda Thomason, [linda.thomason0610@gmail.com](mailto:linda.thomason0610@gmail.com).

We have two interesting speakers for the 2018 convention:

1. **Maxine Freitas**, Equine Science Program Coordinator and Instructor at Santa Rosa Junior College. She is the founder and director of Equi-Ed. The power, strength and gentleness of the horse is used to improve the lives of those with physical and emotional challenges.

Watch the organization's video at [http://www.youtube.com/watch?v=-TvBDcW\\_EI8](http://www.youtube.com/watch?v=-TvBDcW_EI8)

2. **Kathy Campbell.** Kathy is a former fire fighter, NATRC competitor in the 1980's, and AERC competitor. Kathy rode Tevis in 1991 on a horse conditioned to NATRC Open standards. She is currently involved with AERC International as a chief steward for FEI level endurance. She has researched hydration in the distance horse and how it affects the horse before the ride, during and after. She feels that we owe our horses the best possible and most knowledgeable support as we ask them to perform in ways they were not designed for. Come hear some of the current updates on hydration.

The Region 1 mini-convention is open to everyone. Bring your riding friends, listen to these interesting speakers and join in the camaraderie. Additional information will be sent out over the next 2 months, and in January we should have the registration forms available on the Region 1 website.

**See you on March 3<sup>rd</sup>, 2018**

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Publicity and Outreach, NATRC Region 1

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**Come Ride with Us**  
**NATRC Region 1**