

NATRC Region 1 Convention March 23rd, 2024

Lutheran Church of the Resurrection Community Hall

6365 Douglas Blvd, Granite Bay, CA. 95746



Join fellow equestrians in Granite Bay for a fun day with three morning speakers, lunch, and the 2023 awards presentation for Region 1 riders in the afternoon. **This event is open to all interested equestrians.** The speakers cover a broad range of subjects pertaining to the equestrian community. Please join us for a fun and educational event.

Region 1 is privileged to have three top notch speakers on board.

1. **Nancy Loving, DVM**

Topic: Preparing Your Horse's Legs for Competition

Discussion covers:

- Appropriate conditioning for the musculoskeletal system
- What to look for with limb inspection
- Benefits and techniques of a warm-up
- Detailed evidence-based pros and cons of leg boots

Dr. Loving's career covers many years in equine medicine as well as competing horses in dressage, eventing, and distance competitions. She is an FEI sanctioned veterinarian both as a veterinary judge and treatment veterinarian at international endurance competitions and has served as the Team Veterinarian for the United States Equestrian Federation (USEF) National Endurance Squad. Nancy also judged NATRC competitions for many years. She writes for Equi Management and The Horse magazines and has authored five books on equine health. Her new book "What to do Until the Vet Arrives" is due out in August 2024. There will be a display with many of Dr. Lovings' books at the convention.



2. **Diane Rhodes, DVM, Loomis Basin Equine, in Penryn, CA**

Topic: VSV in California

Dr. Rhodes attended the University of California, Davis, and majored in Animal Science. Afterwards, she worked in a research lab and later applied to veterinary school. She completed her internship at Loomis Basin Equine Medical Center prior to returning to UC Davis for her medicine residency which she completed in 2014. Her professional interests include equine medicine, equine opthamology and critical care. When not at the clinic, Dr. Rhodes enjoys multiple outdoor sports.



Dr. Rhodes will address a very timely subject for California: Vesicular Stomatitis (VSV). VSV is currently present in many California counties. The disease is spreading in California, and it is important that all horse owners/riders be aware of the causes, transmission, and treatment.

Additional Information on the VSV outbreak can be found on the United States Department of Agriculture website. The following link will take you to the current outbreak report. Cases have now been reported in the Sacramento area.

[2023-2024 Vesicular Stomatitis Virus \(VSV\) Situation Report, January 9, 2024 \(usda.gov\)](https://www.usda.gov/press-release/2024/01/09/2024-01-09-vesicular-stomatitis-virus-vsv-situation-report-january-9-2024)

Loomis Basin actively supports the horse community in Placer County and beyond. We welcome their support and appreciate hearing from their veterinarians. Welcome Dr. Rhodes.

3. Erin McChesney, Instructor and Rider

Topic: Dressage for the Trail

This presentation is applicable to all trail riders of all levels in how to appropriately include the basics of dressage to enhance their horse's performance overall in distance riding. Through a series of examples and interactive movements, attendees will learn *what is helpful, why it's helpful* and *how to begin* including these dressage basics in their training.

Ms. McChesney will provide examples of specific dressage movements that help to prepare the horses for distance work and use interactive segments to get riders "up and moving" to appreciate how they are going to best sit in balance and follow their horses when riding on the trail.

These simple steps will also provide a platform of exercises to practice at home in an arena to further the efficacy and enjoyment of developing that wonderful partnership of horse and rider.

Erin McChesney is an accomplished rider in dressage as well as having competed in NATRC and endurance, including the Tevis Cup. From 1989 to 2007 Erin operated her own training facility, and in that period won both the Tevis Cup and the Haggin Cup (Top awards in the 100-mile Western States Endurance Ride). Erin is one of only three people to have her name on all three cups of the WSTF (Western States Trail Foundation): the Tevis Cup (1991/1996) for the win; the Haggin Cup (1991/1996) for Best Condition and Demonstration of Horsemanship; and the Scripps Cup (1980) for a Tevis junior. She brings together her experience from multiple disciplines and enjoys sharing it with fellow riders.



Region 1 is honored to have these speakers on board for the March 23rd NATRC Region 1 Convention.

Come join us for the morning lectures, stay for lunch and a Region 1 member meeting, then the Presentation of Awards for the 2023 riders/horses. Join for 2024, and as a member you will be eligible for 2024 awards. It's a fun sport, "Come Ride with Us" in Region 1.

Questions: Contact Linda Thomason, 2024 Convention Chairperson, linda.thomason0610@gmail.com

Information and registration also available on the NATRC Region 1 website www.natrcregion1.org and the NATRC Region 1 Facebook page.

Registration Fee: \$38 Adult-Non-Members, \$35.00 Adult Members, \$25 Juniors. Lunch: additional fee of \$12.00. You are welcome to bring your own lunch if you prefer.

Convention Schedule: speaker times may vary some based on length of questions, etc)

Registration open 8:15-9am (coffee and muffins available). Pick up packets at the registration desk.

9-9:15 am Welcome and introduction

9:15-10:15 am Nancy Loving DVM, 10:15-10:30 am break.

1030-11:30 am Dr. Diana Rhodes, 1130-11:45 break.

11:45-12:45 Erin McChesney

12:45-1:30 lunch break

1:30-2pm NATRC Region 1 member meeting

2-~3:30 NATRC Region 1 2023 Awards presentation